



APPETIZERS

Jumbo Shrimp Cocktail

Local's Favorite! Hand Selected Jumbo Succulent Shrimp Served Chilled To Perfection With Our Own Zesty Cocktail Sauce and Lemon Wedge...17

Roasted Clams

One Dozen Sizzled To Perfection On Our Grill. Served With Drawn Butter and Lemon Wedge...14.5

Fried Calamari

A Generous Portion of Lightly Fried, Tender Calamari. Served With Our Homemade Marinara Sauce... 13.5

Buffalo Wings

Available On The Bone or Boneless. Specify Hot, Mild or BBQ Style...18

Potato Skins

Cooked Golden Brown. Available with Bacon and Cheddar or Broccoli and Cheddar... 10.5

Mozzarella Sticks

A Half Dozen Golden Brown and Paired With Our Homemade Marinara... 9.5

Chicken Fingers

Complimented With Our Special Honey Mustard Sauce... 15

Linguini With Clam Sauce

Available Red or White. A "Shore" Pleasure!... 14

Wasabi Firecracker Calamari

A Generous Portion Tossed With An Orange Ginger Dressing and Garnished With Fresh Wasabi Sauce...15.5

Four Winds Nacho Platter

Piled HIGH with Beef Chili, Cheddar & Mozzarella Cheeses, Lettuce, Tomato, Guacamole, Black Olives, Jalapenos, Salsa and Sour Cream Served On a Sizzling Platter 14.5 (Add Chicken 6)

HOMEMADE SOUPS

Crock of Chili

Our Homemade Recipe Chili Topped with Cheddar Cheese and Onions... 8.5

Manhattan Clam Chowder

Homemade Daily Cup...4.5 Bowl... 9.5

Soup Du Jour

Homemade Daily Cup...4.5 Bowl... 9.5

Crock of French Onion Soup

Our Signature Blend of Savory Sweet Onions and Spices Topped with Mozzarella Cheese... 9.5

Sandwiches

Classic Grilled Cheese Sandwich

The Classic. Served on your Choice of Bread and Choice of Cheese. 10 ~Add Fried Onions, Frizzled Onions, Tomato, Fried Mushrooms \$.50 each ~Add Bacon \$1 ~Add Avocado \$2

Classic Reuben

Served Open Faced and Piled High with Corned Beef, Sauerkraut, Russian Dressing and Melted Swiss Cheese... 14.5

Open Faced Prime Rib Sandwich

12oz of Thinly Sliced Prime Rib Served Open Faced and Piled High over Garlic Bread and Topped With Frizzled Onions and Mozzarella Cheese... 17.5

Four Winds Shrimp Po 'Boy

Panko Breaded Jumbo Shrimp Topped with Homemade Slaw and Drizzled with a Sesame Garlic Sauce... 17

Wraps

Fish Tacos

Two Freshly Breaded Cod Fish Tacos topped with Homemade Pico De Gallo, Avocado, Shredded Cheese & Fresh Herb Mayonnaise inside a Soft Flour Tortilla or a Hard Shell... 14.5

Turkey & Cheddar Wrap

Fresh Roasted Turkey, Romaine Lettuce, Bacon, Cheddar Cheese, Avocado and Mayo in a Jalapeño Cheddar Tortilla Wrap. ... 13

Blackened Chicken Caesar Wrap

Romaine Lettuce, Blackened Chicken and Croutons Tossed with our Homemade Caesar Dressing... 14.5

Salads

House Salad

Iceberg Lettuce, Onions, Carrots, Cucumbers and a Cherry Tomato.. 6.5

Chef Salad

Crispy Lettuce Topped with Turkey, Ham, Swiss and American Cheese with a Hard boiled Egg, Tomato, Onions, Carrots and Cabbage with your Choice of Dressing .. 15.5

Chicken Caesar Salad

Available Grilled or Cajun and Served Over Crispy Romaine Lettuce with Croutons and Homemade Caesar Dressing. 15.5

Blackened Scallop Salad

Fresh Spinach Topped With Bacon, Avocado, Chopped Egg and Diced Tomatoes with your Choice of Dressing... 21.5

Prime Rib Dip

12oz of Fresh Thin Sliced Prime Rib Served on an Italian Roll Paired with Fries and Au Jus For Dipping... 15.5
Try adding cheese!... 50

Sirloin Cheesesteak

Fresh NY Sirloin Strips Topped With Your Choice of Cheese on a Fresh Roll. Try Engulfing With Mushrooms, Onions or Peppers! \$.50 each... 15.5

Turkey Club

Fresh Roasted Turkey with Lettuce, Tomato, Bacon and Mayo on 3 Slices of Bread. Choose Either White, Wheat or Rye... 13

BLT Sandwich

Crispy Bacon, Iceberg Lettuce and Sliced Tomato on your Choice of Bread... 8.5

Chicken Ciabatta

Available Grilled or Fried and Topped with Lettuce, Tomato, Bacon and Swiss Cheese on a Fresh Ciabatta... 13.5

Russian Roulette

Fresh Sliced Turkey and Prime Rib Piled High & Topped with Coleslaw, Russian Dressing and Swiss Cheese... 15.5

Paninis

Chicken Florentine Panini

Grilled Chicken Breast Topped With Spinach, Roasted Red Peppers and Mozzarella Cheese... 13.5

Ham & Swiss Panini

Lettuce, Tomato, Ranch Dressing... 14

Scallop Panini

Fresh Grilled Sea Scallops Topped with Citrus Butter, Melted Cheddar Cheese and Tartar Sauce... 17.5

Chopped Beet Salad

Fresh Chopped Beets, Belgian Endive, Caramelized Onions, Crumbled Bleu Cheese and Pistachio Nuts Served Over Mixed Greens and Tossed in Balsamic. 13

Sesame Chicken Salad

Sesame Seed Encrusted Chicken Served Over Crispy Greens Topped with Oriental Noodles, Walnuts, Tomatoes, Dried Cranberries and Mandarin Oranges Tossed in a Sesame Orange Ginger Dressing... 16

Spinach Salad

Fresh Spinach with Roasted Red Peppers, Hard boiled Egg and Portobello Mushroom ... 10.95

Grilled Steak Salad

Grilled To Your Liking and Served Sliced Over Mesclun Greens with Goat Cheese Bruschetta, Caramelized Onions, Carrots, Tomatoes, Cucumbers, Black Olives and Sliced Avocado Tossed in Balsamic Vinaigrette... 19.50

Add chicken 5 Add shrimp 3 each Add scallops 5 oz for 10

Burgers

10 ounces of freshly ground sirloin grilled to your preference and served on a fresh roll complimented by french fries and a pickle. Substitute fries for a small garden salad for \$2.50

Hamburger

Our 10 oz burger on a fresh hard roll... 12.5

Mini Burgers

Four Mini Burgers Made From Our Fresh Ground Beef Served On Mini Brioche Rolls... 13.5

Black N' Bleu Burger

Cajun Burger Topped With Melted Crumbled Bleu Cheese... 14.5

California Burger

Served With Lettuce, Tomato, Onion and a Side of Mayo... 15.5

Veggie Burger

Vegetable Connoisseur? Enjoy Our Special Blend of Carrots, Lentils, Onions and Peppers Topped with Lettuce and Tomato... 14

Lunch Entrées

Come with Soup or Salad

Side Choices: Mashed, French Fries, Rice, Linguini or Broccoli

Hot Turkey Platter

Fresh Roasted Turkey Served Open Faced on White Bread Topped with Homemade Turkey Gravy and Paired with Mashed Potatoes... 16

Fresh Fluke

A Jersey Shore favorite! Delivered daily to ensure full flavor. Choose either broiled, fried or Francaise.... 16.5

Chicken Parmigiana

Breaded Chicken Cutlet Topped with Melted Mozzarella Cheese and Homemade Marinara Served Over Linguini... 17.5

Sea Scallops

Fresh Day Boat Sea Scallops Available Broiled, Fried, Francaise or Scampi With Your Choice of Side... 19.5

Jumbo Shrimp

Jumbo Succulent Shrimp Available Broiled, Fried, Francaise or Scampi with your Choice of Side... 18.5

Crab Burger

Fresh Maryland Jumbo Lump Crabmeat Topped With Our Chipotle Tartar Sauce, Lettuce and Tomato on a Fresh Brioche Bun... 16.5

Cowboy Burger

Topped with Cheddar Cheese, Sautéed Onions, Bacon and BBQ Sauce... 15.5

South Jersey Burger

The Jersey Classic But With A Southern Twist. Topped with Pepper Jack Cheese and Jalapenos... 15.5

SoCal Turkey Burger

Fresh Turkey Burger Topped with Lettuce, Tomato, Bacon, Avocado and Chipotle Mayo... 15

Peppercorn Burger

A Winds Favorite! Pepper Encrusted and topped with Frizzled Onions, Bacon, Mozzarella Cheese and Ranch Dressing... 15.5

Add Lettuce, Tomato, Bacon, Raw Onion, Sautéed Onion Sautéed Mushrooms, Hot Peppers or Cheese for .50

BBQ Baby Back Ribs

Half Rack of our "Fall Off The Bone" Baby Back Ribs Brushed With Our Special Sauce and Paired with Sweet Potato Fries... 19.5

Penne Vodka with Chicken

Boneless Chicken Breast Topped with our Homemade Vodka Sauce Served Over Penne Pasta... 17.5

Sizzling Sirloin

10oz Sterling Silver Sirloin Grilled to your Liking Served Over Toast Points, Topped With Garlic Butter and Paired with French Fries Served On A Sizzling Platter... 25

Pot Roast Platter

Tender Braised Meat Roasted In Natural Juices Topped with Brown Gravy and Paired with Mashed Potatoes. The Ultimate Comfort Food!... 18.5

English Cut Prime Rib

10oz English Cut Prime Rib Prepared To Your Liking Paired with Au Jus, Horseradish Sauce and your Choice of Side... 19.5

Lunch Combos

Combines Half of a Sandwich with Soup or a Salad For **13**

Sandwiches

- BLT Sandwich
- Classic Grilled Cheese
- 2 Hamburger Sliders
- Grilled Chicken Panini
Lettuce, Roasted Red Peppers, Mayo

Soups or Salads

- Manhattan Clam Chowder
- House Salad
- Soup du Jour
- Caesar Salad
- Cup Chili (Add \$1)
- Cup French Onion (Add \$1)